

UCSF *Student Health Services*

Benefits described below effective Sept. 1st for Graduate Division & Sept. 10th for Professional Students

Primary Care (provided by Student Health Services)

- No charge to be seen at SHS
- Call to schedule an appointment - 476-1281
- Open Monday-Friday 8am-5pm, evening appointments on Thursdays until 8pm, Wed until 6:30pm
- Student Health will help you coordinate any needed medical care
- You can call at any time (especially if out of town) and speak to a nurse for medical assistance
- Two clinics: Mission Bay (William J. Rutter Center) and Parnassus (Millberry Union, H level)

Specialty Care (funded through insurance plan)

- See Student Health Services for a referral
- Co-pays & deductibles waived by UCSF if seen by a UCSF provider, (EXCEPT \$20 office co-pay)
- \$250 deductible total per year for care outside SHS (UCSF Medical Center waives)
- If seen by a network provider, covered at 90% after deductible and \$20 co-pay
- If seen by a non-network provider, covered at 70% of UCR after deductible and \$20 co-pay

Mental Health Services

- May be seen for 10 visits per academic year by any of Student Health's mental health providers for no charge. Call SHS and ask for nurse to schedule appointment.
- If continuing care is indicated, you will be referred by an SHS provider to a provider outside SHS.
- Special arrangement negotiated with Langley Porter Psychiatric Institute (LPPI) for care referred by Student Health Services, \$20 co-pay for weekly visits

Urgent/Emergent Care

- If an urgent situation arises, seek care at Urgent Care Facility (1st floor ACC 400 Parnassus is one option)
- ER visits covered at 100% for true emergencies. \$50 copay for non-life threatening presentations.
- If SHS is closed over the weekend and you become ill, visit the urgent care clinic at the Ambulatory Care Center (400 Parnassus) or Mt. Zion.
- Always send notes to SHS for authorization!**

Prescriptions

- Must use Express-Scripts Pharmacy Network for prescriptions to be covered
- You will be mailed a membership card by RxNet in the coming weeks
- \$15 co-pay for 30 day supply, \$4,500 limit
- Birth control pills available at Student Health Services for \$7, this does not count toward the \$4,500 limit.
- Student Health can recommend a pharmacy close by or use the Pharmacy Locator on-line at www.express-scripts.com, you will need your membership card and membership number to log on to this site.

Eye care coverage

- 20% discount at participating providers. See MES Vision website (www.mesvision.com), look for DVP designation.
- Optional vision plan with expanded benefits
- Deadline for enrolling in optional vision plan is October 19th (Effective Date: November 1st)

Dental Plan

- Carrier is Delta Dental for the 2008-2009 plan year
- No waiting periods
- Prevention focused - cleanings, x-rays, emergency visits
- See brochure on our website!

Other Information

- Effective Date: September 1st for Graduate Division, September 10th for Professional Students
- Registered as a student Fall, Winter, Spring quarters - automatically covered Summer term, even after graduation.
- New Wellness, health education, and stress reduction services!

Student Health 476-1281 website: saawww.ucsf.edu/health